

**Introduction to the
1 year
Foundation Course**

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Aims of the Foundation course

**The course has four
distinct aims . . .**

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AIM 1

To stand as a course in its own right for professionals who want to use it for CPD purposes or for a better understanding of society, families and individuals.

For example –

- **Mental health workers**
- **Doctors and nurses**
- **Social workers**
- **Counsellors and therapists whose initial training was not psychodynamic**
- **Practitioner psychologists**
- **Drug and alcohol professionals**
- **Probation officers**

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AIM 2

To give students who are considering a clinical training in psychoanalytic psychotherapy a disciplined and critical taster of what it might be like

The course as a taster

We recognise that committing to a four year clinical training is demanding in terms of: time, money and emotional effort. Taking the Foundation Year provides an opportunity to sample this before embarking on the final three years.

Also, training in psychoanalysis is not for everyone and this is a chance to find out.

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AIM 3

To act as the first year of a formal training in psychoanalytic psychotherapy for those who are certain they wish to apply to train as a psychotherapist.

**The full four year
course
(Foundation Year
+
3 year clinical
training)
lead to UKCP
registration**

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AIM 4

For those who have a general, cultural or artistic interest in the importance of the unconscious, to explore how it might relate to their work.

AGIP has a longstanding relationship with the arts.

AGIP members include artists, photographers and musicians alongside members who have interests in theatre, film and cultural criticism.

Course delivery

- **10 Saturdays across the year**
- **10:00 – 18:30 each Saturday**
- **4 theoretical/clinical seminars + an experiential group**
- **Normally two teachers per Saturday**

Weekend Topics

October	When we were very young - Communicating without words
November	Narcissism: omnipotence and the empty self
December	Oedipus - two's company, three's a crowd
January	Sex, love and intimacy - attempts to relate
February	Death instinct - dicing with death - addictions and other attacks on the self
March	Psyche-soma: Hysteria in the 21st century
April	Trauma: The psyche overwhelmed
May	War and peace: Aggression - a creative or destructive force?
June	Self and society: A false distinction?
July	Research: How can we know psychoanalysis works? Clinical boundaries and ethical dilemmas

Application Details

Application fee: £75

Closing date: 30th June

Evidence of working with people in a helping capacity

A degree or equivalent (but exceptions can be made)

Application Process

One interview

Application form

Personal statement

Two references

Course Requirements

Personal tutor (6 meetings per year)

Personal therapy (once a week for a year)

Minimum 80% attendance

**One optional written assignment of 3,000 words
(compulsory for candidates for the clinical
training)**

Course fee - £1,450 (2021/22)

Support for students

Library access

**PEP (Psychoanalytic
Electronic Publishing)**

Personal tutor

Peer group

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For more information

Take a look at our web site

psychotherapytraining.co