

Introduction to the Clinical Training

apptraining

Clinical Training

COURSE AIMS

To enable trainees to develop a critical understanding of a broad range of psychoanalytical theories and concepts derived from classical and contemporary approaches;

To enable trainees to gain registration with UKCP enabling them to practice as a psychotherapist in private practice or a range of statutory and non-statutory organisations;

To enable trainees to confidently apply ideas from psychoanalysis to a wide range of non-clinical settings;

To enable trainees to use these ideas within their existing profession;

To enable trainees to form their own personal synthesis of psychoanalytic theory

Clinical Training

- **3 year seminar course taught over ten full weekends each academic year**
- **Saturday 10:30 – 18:30 and Sunday 10:30 – 16:00**
- **Trainees expected to do at least 10 hours preparatory reading between weekends**
- **Personal psychotherapy at least twice a week and three times for a substantial period with an approved therapist**
- **A personal tutor and three tutorials each academic year**
- **Course assessed by annual written assignments, tutor, teacher, and supervisor reports, plus a final qualifying paper of 10,000 words**
- **Work with training patients under supervision**

Main Seminars

- All day Saturday and Sunday morning
- Whole group is taught together as one in a system of cycles so the 2024 entry will start at cycle 3
- This way we create a cross-year learning environment
- Usually at least two teachers per weekend

Elective Seminars

- Sunday afternoon only
- Taught by year group (so three parallel sets of seminars)
- Clinical presentations, metaphor and synthesis.

Infant Observation course

- A twelve month stand-alone compulsory course with weekly observations and fortnightly groups.

Clinical Training – Main Seminars

Weekend	Cycle 1 (2025 & 2028)	Cycle 2 (2026 & 2029)	Cycle 3 (2024 & 2027)
1	Introductory weekend	Introductory weekend	Introductory weekend
2	<i>Module 1</i>	<i>Module 4</i>	<i>Module 7</i>
3	Internal	Human	The Emerging Self
4	worlds	Relationships	and the features
	(4 weekends)	(4 weekends)	and difficulties of
			the emerging self
			(4 weekends)
5	<i>Module 2</i>	<i>Module 5</i>	<i>Module 8</i>
6	Dreams	The making	The Emergent Self:
7	(3 weekends)	of the mind	Narcissism and
		(3 weekends)	other difficulties
			(4 weekends)
8	<i>Module 3</i>	<i>Module 6</i>	<i>Module 9</i>
9	Working with	Working with	When things
	particular	particular	are not ideal:
	presentations	presentations	loss, rupture,
	1	2	repair and
	(2 weekends)	(2 weekends)	growth
			(2 weekends)

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Elective Seminars Sunday afternoon seminars

	October	November	December	January	February	March	April	May	June	July
Year 1 2:00 – 4:00pm	Starting Clinical Work					Metaphor and synthesis				
4:15- 5:15pm Introductory Seminars				Introduction to Psychiatric Placement						
Year 2 2:00 – 4:00pm	Case discussion groups									
4:15 – 5:15 Meeting with Training Committee member						Introduction to the Fairy Tale essay				
Year 3 2:00 – 4:00pm	Clinical Presentations	Assessment Presentations		Fairy Tale Presentations		Clinical Presentations				
4.15 – 5.15pm Meeting with Training Committee member				Introduction to the Concept essay						
WHOLE GROUP 4:15 – 5:15pm Meeting with Training Committee members							Feedback and consultative session			

Infant Observation Course

With effect from October 2024 the Infant Observation seminars will no longer be part of the Sunday afternoon Electives but will be run as a course in its own right. Further details can be found under the Training tab on the web site.

Clinical Training

- **Two selection interviews**
- **Two references**
- **Personal statement**
- **Prior experience of working with people in a helping capacity**
- **At least one year's prior psychoanalytical psychotherapy**
- **Interview fee**
- **Course fee (set annually)**
- **BJP subscription and PEP included**
- **LBPT book bursary of £100 per year**
- **Cost of therapy**
- **Cost of supervision**

The training places you at the centre



Clinical Training

**Course leads to registration
with UK Council for
Psychotherapy (UKCP) via
the College of
Psychoanalysis and Jungian
Analysis (CPJA)**