# Introduction to the Clinical Training

## apptraining

#### **COURSE AIMS**

To enable trainees to develop a critical understanding of a broad range of psychoanalytical theories and concepts derived from classical and contemporary approaches;

To enable trainees to gain registration with UKCP enabling them to practice as a psychotherapist in private practice or a range of statutory and non-statutory organisations;

To enable trainees to confidently apply ideas from psychoanalysis to a wide range of non-clinical settings;

To enable trainees to use these ideas within their existing profession;

To enable trainees to form their own personal synthesis of psychoanalytic theory

- 3 year seminar course taught over ten full weekends each academic year
- Saturday 10:30 18:30 and Sunday 10:30 16:00
- •Trainees expected to do at least 10 hours preparatory reading between weekends
- Personal psychotherapy at least twice a week and three times for a substantial period with an approved therapist
- A personal tutor and three tutorials each academic year
- •Course assessed by annual written assignments, tutor, teacher, and supervisor reports, plus a final qualifying paper of 10,000 words
- Work with training patients under supervision

#### **Main Seminars**

- All day Saturday and Sunday morning
- Whole group is taught together as one in a system of cycles so the 2024 entry will start at cycle 3
- This way we create a crossyear learning environment
- Usually at least two teachers per weekend

#### **Elective Seminars**

- Sunday afternoon only
- Taught by year group (so three parallel sets of seminars)
- Clinical presentations, metaphor and synthesis.

#### **Infant Observation course**

 A twelve month stand-alone compulsory course with weekly observations and fortnightly groups.

#### Clinical Training – Main Seminars

Weekend	Cycle 1 (2025 & 2028)	Cycle 2 (2026 & 2029)	Cycle 3 (2024 & 2027)		
1	Introductory weekend	Introductory weekend	Introductory weekend		
2 3 4	Module 1 Internal worlds (4 weekends)	Module 4 Human Relationships (4 weekends)	Module 7 The Emerging Self and the features and difficulties of the emerging self (4 weekends)		
5 6 7	Module 2 Dreams (3 weekends)	Module 5 The making of the mind (3 weekends)	Module 8 The Emergent Self: Narcissism and other difficulties (4 weekends)		
9	Module 3 Working with particular presentations 1 (2 weekends)	Module 6 Working with particular presentations 2 (2 weekends)	Module 9 When things are not ideal: loss, rupture, repair and growth (2 weekends)		

#### **Elective Seminars Sunday afternoon seminars**

	October	November	December	January	February	March	April	May	June	July
<b>Year 1</b> 2:00 – 4:00pm	Starting Clinical Work				Metaphor and synthesis					
4:15- 5:15pm Introductory Seminars	t t			Introduction to Psychiatric Placement						
<b>Year 2</b> 2:00 – 4:00pm	Case discussion groups									
4:15 – 5:15 Meeting with Training Committee member					Introduction to the Fairy Tale essay					
<b>Year 3</b> 2:00 – 4:00pm	Clinical Assessment Presentations Fairy Tale Presentations Presentation ns			Clinical Presentations						
4.15 – 5.15pm Meeting with Training Committee member				Introduction to the Concept essay						
WHOLE GROUP 4:15 – 5:15pm Meeting with Training Committee members							Feedback and consultative session			

#### Infant Observation Course

With effect from October 2024 the Infant Observation seminars will no longer be part of the Sunday afternoon Electives but will be run as a course in its own right. Further details can be found under the Training tab on the web site.

- Two selection interviews
- Interview fee

Two references

Course fee (set annually)

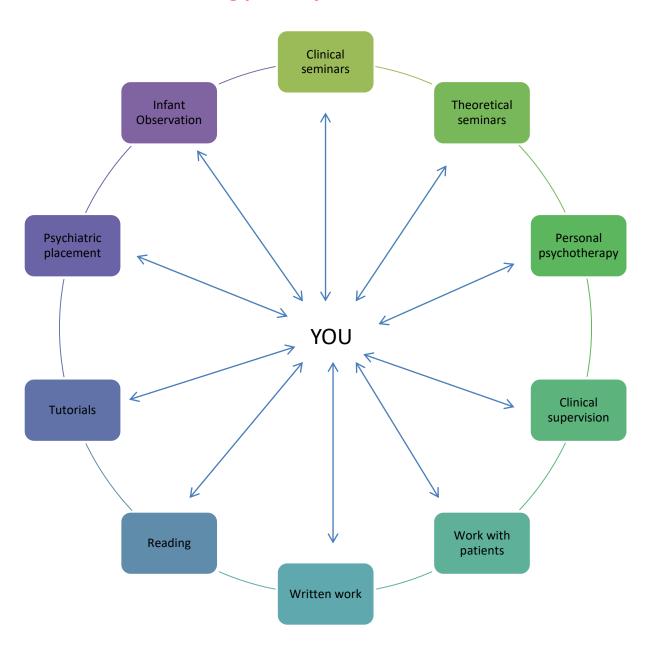
Personal statement

- BJP subscription and PEP included
- Prior experience of working with people in a helping capacity
- LBPT book bursary of £100 per year

 At least one year's prior psychoanalytical psychotherapy

- Cost of therapy
- Cost of supervision

#### The training places you at the centre



### Course leads to registration with UK Council for Psychotherapy (UKCP) via the College of **Psychoanalysis and Jungian Analysis (CPJA)**